

## Job Reflective Narrative

For my job shadow, I shadowed pediatrician, Dr. Ana Rosa Celaya at the Vida Sana Clinic in Lindsay, during the summer of 2015. I decided to shadow Dr. Celaya because my career goal is to become a physician.

I set up to go to the Vida Sana Clinic from 1 to 6 pm. I got there a bit early because I was excited and ready for this job shadow. Dr. Celaya was coming from her break so I waited a while in the nurse's office. As I was waiting, I observed how functional the nurses worked at their jobs. Once Dr. Celaya came to the office I shook her hand and then she just put her keys down and greeted everyone again and grabbed the first patient's folder and paperwork and went into their room. She entered with a smile and shook everyone's hand and went down to business. She did the regular routine of asking what the patient had wrong, then doing tests to test their issues- looking down their throats if they had a sore throat, checking their stomach if they had a stomach, etc. Once she finished diagnosing her patients, she would go on to her next one, without a blink of an eye. In the end, when the clinic closed she went to her office to answer my questions and then collect work to take home.

During my job shadow, I learned how you are busy every moment of the day, even at home. Dr. Celaya was always on her feet and going from patient to patient, only stopping to get their paperwork. One thing I liked was the fact that the doctor's office had a good workflow where everyone was busy doing something to make the patient's doctor's visit to go as quickly as possible. Also, I loved how Dr. Celaya knew a lot of her patients on a personal level, rather than just a professional level, which is I find amazing because it shows trust between the patient and

doctor. There was not much that I disliked about the job, only that the work area felt too small for my liking.

Although this is an excellent career to have, I personally do not see myself working as a pediatrician because I would rather work in a place where my adrenalin is pumping and I never know who will come through the hospital doors.